

Mount Pleasant Village Newsletter

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www.mountpleasantvillage.org

Meet-the-Street: Breakfast at Don Jaime's

A dozen Villagers met recently for breakfast at one of the restaurant pillars of Mt. Pleasant Street, Don Jaime's. In addition to delicious food and a chance to chat with neighbors, we learned how Jaime Carrillo came to establish his restaurant in Mount Pleasant. Born in Bolivia, Mr. Carrillo came to the U.S. as a young man, working in hotels and restaurants in the District. He learned his cooking skills from courses at Carlos Rosario International Public Charter School, the starting place for many young immigrants. He was able to purchase his Mount Pleasant property in 1975, and opened his own restaurant in 1983. Don Jaime's menu is eclectic, reflecting the tastes and flavors of a variety of Latin American countries.



Jan Fenty & Susan Hansen with Don Jaime Carrillo



Mary Anne Gibbons visits with Phil & Jan Fenty



Alice Kelly and Elizabeth Prewitt review the extensive menu



Olivia Cadaval, David Bosserman, Rob Fleming & Louise Meyer

Free PBS E-Newsletter Tailored to Older Adults

The Public Broadcasting Service (PBS) has a free online national journalism service tailored to America's booming older population that may be

Upcoming Events

Mah Jong
On vacation until September

For Other Activities and Events see the calendar on the Village website www.mountpleasantvillage.org

of interest to Mount Pleasant Villagers. It's called *Next Avenue*, and offers daily updates, context and perspectives on issues that matter most as we age.

Recent features have included: "The Top Drugs for Older Adults to Avoid," "Exercise Tips on How to Combat the Sedentary Life," and "What Boomers Should Do About All Their Stuff." Every day, the service invites readers to consider what is next, what lies just ahead and what will be revealed in their lives.

Next Avenue is produced by Twin Cities PBS for a national audience. Their journalists are based around the country, so are able to uncover stories and voices from everywhere. To learn more about Next Avenue or sign up for their enewsletter visit:

https://www.nextavenue.org/about-us/. You can also read sample articles by visiting view a sample.

Editor's Note. Your editor was out of town and unable write and distribute the newsletter by the first of August. My apologies.

Upcoming Event: Meet-the-Street to Gather at Purple Patch Restaurant

The next Meet-the-Street dining-out in Mount Pleasant opportunity will be held on Wednesday,



August 15, at 6:30 pm at the Purple Patch Restaurant, 3155 Mt. Pleasant Street. Join Villagers and Filipino-born owner Patrice Cleary for a taste of Philippine and American specialties and learn about her experiences in opening a restaurant and about learning to cook with her mother. As seating is limited, please RSVP to Jan Fenty at janfentuy@gmail.com.

Upcoming Event: Food & Friends Open House Tour

On Saturday, August 18, at 10:00am join the Mount Pleasant Villagers for a visit to Food & Friends.



This Open House Tour will give Village members a chance to learn more about the services Food & Friends provide and the range of individual and group Delivering hope, one meal at a time volunteer opportunities available.

Founded in 1988, Food & Friends began in the basement of the Westminster Presbyterian Church with 20 volunteers delivering meals to 60 HIV-positive clients. Since their inception, they have moved from a cramped church basement to their own state-of-the-art kitchen and pantry facility. They have initiated new programs to meet the changing needs of people living with HIV/AIDS, cancer, and other life-challenging illnesses and disabilities in the Washington, DC metropolitan area. Last year, they served close to 3,000 clients per day with a range of serious illnesses, developing special menus, as needed. Volunteers are still at the core of their success.

If you would like to attend the Open House, please RSVP to alice.kelly@verizon.net. Food & Friends is located at 219 Riggs Road NE, DC and parking is available. There will also be rides available leaving Mount Pleasant at 9:30 - details to follow.

Coming in September: La Fiesta del Barrio

This year, Village partner La Clinica del Pueblo will celebrate its 35th anniversary of providing community health and wellness programs to a primarily Latino population in the District and Maryland. Villagers are invited to join in the celebration and fundraiser La Fiesta del Barrio, to be held Sunday, September 16, from 11:00 am to 4:00 pm, at their La Casa

location (3166 Mt. Pleasant Street). La Fiesta will include dancing, music, art, an

interactive mural, vendors, and activities to showcase healthy behaviors and lifestyles. in addition, Rick Reinhard's photo exhibition, La Esquina, will be on display. La Fiesta tickets may be purchased on-line by clicking on the following link: https://www.eventbrite.com/e/la-fiesta-del-barrio-tickets- 45982873011?aff=es2. The Village has been building a supportive relationship with La Clinica for more than a year. One way that we may help support them is by volunteering to staff their registration tables during La Fiesta. You do NOT need to speak Spanish to volunteer. Volunteers are needed for two shifts, 10:00 am to 1:00 pm and 1:00 to 4:00 pm. For further information or to volunteer, contact Rick Reinhard at rick@rickreinhard.com.

Coming in October: Book Discussion of Chocolate City

Villagers are invited to a Village-wide book reading and discussion of *Chocolate City*, the vividly



detailed, and beautifully written, account of first four-centuries of the District of Columbia. The book discussion will be on <u>Sunday</u>, <u>October 28</u>, <u>from 2:30 to 4:30 pm</u> at the Mount Pleasant Library. We are announcing this event well in advance to allow time for Villagers to obtain and read a copy of the book. The D.C. Library system has 50 copies of *Chocolate City*, and copies can be reserved at the Mount Pleasant Library

or online. We anticipate a fascinating and stimulating discussion session with author George Derek Musgrove and interviewer and moderator Kay Wright Lewis.

Reminder: Discount Theatre Tickets for Village Members

Mount Pleasant Village is partnering with the Woolly Mammoth Theatre Company to offer Village members a 20 percent discount on any tickets to the remaining performances of this season as well as next year's full season. To obtain the discount, use the code *MTPV* when ordering tickets. Please DO NOT share this code with those who are not current members of the Village.

Helping Hands Program: Ready for Jobs Large and Small

Helping Hands volunteers are ready to provide that helpful assistance that can help your life move more smoothly. If you are a Village member and need a ride to medical services, gardening chores, or small home repairs, and so forth, you can request assistance by:

- Phone: Call the Helping Hands Hotline 202-854-8381 to leave information about the help you need;
- Email: Send an email to helpinghands@mountpleasantvillage.org, describing what you need; or
- Online: Login to the Village website at www.mountpleasantvillage.org, and click on the blue "Get Help" button on the home page.

JOIN MOUNT PLEASANT VILLAGE

Membership Fee: \$50 annually for an individual; \$100 for a couple. For more information, contact Cecile Srodes at membership@mountpleasantvillage.org.

Donor: Make a tax-deductible donation to Mount Pleasant Village at 1735 Lamont Street NW, Washington, DC 20010.

Contact us. If you have questions, comments or news to share, contact news@mountpleasantvillage.org.