



Mount Pleasant Village Newsletter

Volume 1 Issue 5, October 1, 2015

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WE ARE LAUNCHED!

Mount Pleasant Village was officially launched in a celebration Sept. 20 at Lamont Park. Ward 1 Councilmember Brianne Nadeau cut the ribbon to officially launch Mount Pleasant Village, and expressed her support for villages that help people age in place in their own homes.

At-large Councilmember Anita Bonds, who chairs the DC Council committee that oversees senior concerns, used the occasion to call for the creation of a Department of Aging to provide additional services to DC seniors.

Nearly 100 people of all ages attended the gathering, and 12 new members signed up, bringing Village membership to 125. Board member Bob (Hoff) Hoffman was master of ceremonies, and member Eileen Coffey provided a Spanish translation. Beautiful music was performed by local musicians Elena Lacayo of [Elena & Los Fulanos](#), and Mara Cherkasky on accordion, who teamed up with Hoff on harmonica. Darryl Garrett, seniors coach on the Mayor's FitDC coaching team also spoke.

Councilmembers Anita Bonds (D-At-large) and Brianne Nadeau (D-Ward 1) celebrate the ribbon-cutting with Village President Katie Tyler. All launch photographs © Rick Reinhard.



Upcoming Events

Lecture: "The Great Central American Exodus"

Thursday, Oct 8, 7:00 pm, Mt. Pleasant Library

Plain Talk about Medicare and Social Security

Saturday, Oct. 17, 12–1:30, Mt. Pleasant Library

Irish Musician Ronan O'Snodaigh

Sunday, Oct. 18, 5:00 pm, 945 G Street NW

Book Discussion: *Being Mortal*

Sunday, Nov. 1, 1:00, All Souls Church

Village Regulars

Walk with the Walking Group

Meet M-W-F, 8:30 am, Lamont Park

Coffee at Dos Gringos

Wednesdays 9:30–11:00 am

Happy Hour and Game Night, Tuesdays, 5-7

at Marx Café

bi-weekly, beginning Tuesday, October 20

at Habit Café

bi-weekly, beginning Tuesday, October 27



Village Board members are acknowledged (above) and Councilmember Anita Bonds addresses the crowd.



DC Councilmember Brianne Nadeau leads the Village Walking Group (L) and cuts the ribbon (R).



Musicians Mara Cherkasky and Hoff Hoffman (L) and Elena Lacayo of [Elena & Los Fulanos](#) (R).



Board members Elinor Hart, Linda Low and Brenda Krieger at the Mount Pleasant Village membership and volunteering table (above). Councilmember Nadeau chats with members Louise Meyer, Eileen Coffey and Bonnie Cain, and others (right). (Photos by Rick@RickReinhard.com)



Other Village Highlights:

Villagers are Hanging Out on Mt. Pleasant Street



The first two **Village Happy Hour and Game Nights** were held September 22 at Marx Café and September 29 at Habit Café, both on Mt. Pleasant St. Group Scrabble and Majestic Labyrinth games were highlights, among many choices. Game Nights will resume at 5 pm October 20 at Marx Café and October 27 at Habit and continue on alternate Tuesdays.

Urban Agriculture was the topic of a lively Village-sponsored discussion September 17 at La Casa. Guest speakers talked about the trends in community-supported agriculture and urban farming. Villager John Carhart described how he grows vegetables at his home on Newton St. using raised beds. Others described their experiences growing food on community plots in the city. In future, the Village hopes to match up gardeners with other Mt. Pleasant residents who have available land, especially if the Council approves associated tax benefits.

Events for Villagers:

Oct 17, 12:00



Brenda Krieger: Plain Talk about Medicare and Social Security

Also at the library, Board Member Brenda Krieger will offer advice on how to cut through the red tape and get what you need from the Centers for Medicare and Medicaid and the Social Security Administration. Her presentation is scheduled for Saturday, October 17 from 12:00 – 1:00.

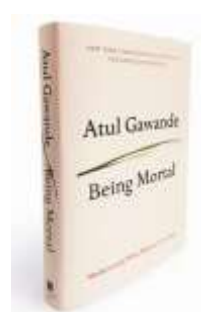
Oct 18, 5:00



Solas Nua Offers Villagers Discounted Tickets to Hear Emmy-nominated Irish Musician at First Congregational Church

Rónán Ó Snodaigh is a singer-songwriter, poet and vocalist recognized as the best and most innovative bodhrán player in Ireland. In his first visit to Solas Nua, Rónán will perform traditional, folk-rock, and world music at the First Congregational United Church of Christ, 945 G St NW. Village members contact dmeskell@gmail.com for \$10 discounted tickets.

Nov 1/8/15, 1:00



***Being Mortal* 3-Seminar Series to Be Co-sponsored by the Village**

Mount Pleasant Village, All Souls Church, and Unitarian Silver Souls will jointly sponsor a series of three seminars on confronting the medical experience of decline and mortality. The sessions, based on the book *Being Mortal*, by Atul Gawande, will be held in the Eaton Room at All Souls Church, 16th and Harvard Streets, at 1:00 pm on Sundays, November 1, 8, and 15. Board members Mary Rojas and Bonnie Cain will help facilitate the first seminar, “Setting the Scene with *Being Mortal*,” along with Dr. Russell Cross. “Palliative Care as an Option” is the topic for the November 8 session, led by Debra Rubenstein. On November 15, the third session, “Talking with Family and Friends,” will be facilitated by Elizabeth Fox.

Nov 21, 1:00



Member Discounts for *Avenue Q* on Mount Pleasant Village Day

Constellation Theater, 1835 14th St. NW, will host a “Mount Pleasant Village Day” performance of the puppet-filled musical [Avenue Q](#) on Saturday, November 21 at 1 pm. The theater offers a 25% discount for Village members only, who will be sent purchasing details by email.

JOIN MOUNT PLEASANT VILLAGE

Individual Introductory Membership Fee: \$50 annually. For information, contact Brenda Krieger at mpvillagemembership@gmail.com.

Donor: Make a tax-deductible donation to ensure the vitality of our Village. Send a check to Mount Pleasant Village at 1735 Lamont St. NW, Washington DC 20010.

Contact us. If you have questions or comments, or if you have news to share, contact Darlene Meskell, dmeskell@gmail.com.