

# **Mount Pleasant Village Newsletter**

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# **President's Year-end Message**

In a year-end message to Village members, President Katie Tyler reported that Village paid membership rose to 140 in less than a year since the first members were enrolled last April. The Village expects to reach 150 members in January.

In its first nine months in existence, the Village Board focused on creating social activities, "believing that these bring people together and provide a vehicle to meet and get to know each other," she reported. "We need to expand this part of the Village and are seeking involvement from members to develop and participate in both new and current programs," Tyler wrote.

She also noted that the Village's 2016 plans include establishing a service volunteer program consisting of neighbor-to-neighbor

### **Upcoming Events**

### **Members' Reception**

Wednesday, January 27, 6-9 pm, Sharon & Tom Conway's home, 1833 Park Rd

### **Village Annual Meeting**

March 19, time and place to be determined

### **Village Regulars**

### Walk with the Walking Group

Meet M-W-F, 8:30 am, Lamont Park

### **Coffee at Dos Gringos**

Thursdays 9:30—11:00 am

Happy Hour and Game Night, Tuesdays, 5-7 at Marx Café

Tuesdays, January 5 and 19

#### at Habit Café

Tuesdays, January 12 and 26

activities that will focus on supporting our members like shopping, driving to medical appointments, and helping with minor household tasks and small gardening jobs, etc.

The message concluded with a call for members to tell neighbors about the Village and to help:

- Expand Village activities by joining the Activities/Events group. Contact Events Chair Bonnie Cain (<a href="mailto:bonniejcain@gmail.com">bonniejcain@gmail.com</a>) or Katie Tyler (<a href="mailto:katharine.e.tyler@gmail.com">katharine.e.tyler@gmail.com</a>).
- Develop the volunteer services program. Contact Volunteer Services Chair Elinor Hart (hart1651@juno.com) or Katie Tyler (katharine.e.tyler@gmail.com).
- Support other Village committees—Governance, Fundraising, Partnerships, Finance, Membership or Communications. To connect with these committees, contact Katie Tyler (katharine.e.tyler@gmail.com).

# **Reception for Members Set for January 27**

Village members are invited to mix and mingle and enjoy drinks and light snacks at a Members' Reception from 6:00 to 9:00 pm, Wednesday, January 27. Sharon and Tom Conway have graciously offered to host the reception at their home at 1833 Park Road. To help with the party, contact Brenda Krieger at <a href="mailto:jb.carhart@comcast.net">jb.carhart@comcast.net</a>.

## Meet the Villagers: Vice President and Membership Chair Brenda Krieger

Brenda Krieger is a vice president of the Village and chair of the Membership Committee. She and her husband John Carhart, an architect, have lived in Mount Pleasant for 29 years, and raised their two children here.

Brenda moved to DC in 1972 with an MA in political science. In the first of many careers, she did research for political commentator Ben Wattenberg. In her second career, she owned a commercial interior architecture and design firm, where she worked for 20 years designing hotels, high-end offices and residences. She spent a few years as independent hospitality designer and



served as President of the Board of her daughter's school, then 12 years as Vice President,
Development, for a real estate developer in Virginia, and was a member of the Tysons Task Force tasked with producing a comprehensive vision for the development of that region.

She is now semi-retired, teaming up with John on design projects, and consulting on Medicare and Social Security enrollment. She enjoys cooking and entertaining, American history, being in the country, and learning new things.

Brenda has served as an officer and board member for various organizations including the Jewish Federation of Greater Washington, Washington Board of Trade, Jewish Primary Day School of the Nation's Capital, Ballston Business Improvement District, Jubilee Housing and the Tysons Partnership.

Her husband John specializes in residential and hospitality architecture projects. Their daughter Lily is an archaeologist at Mount Vernon and their son Andrew is a software developer for Cisco.

# **Urban Farming Interest Group to meet January 20**

The Village's Urban Farming Interest Group will hold its first meeting of the new year at John Carhart's home at 1819 Newton, 7:00 pm, Wednesday, January 20. Possible agenda items are:

- Putting the garden "to bed" for the winter
- Goals and aspirations for the coming year
- Making a garden plan and planting schedule.

Packets of seeds were distributed to promote the propagation of herbs and flowers that attract pollinators like butterflies and bees at a meeting sponsored by the DC Department of Energy and Environment in December. Urban Farming Group leader Carhart and members Bonnie Cain and Tim Tyler participated in the program and met with Tommy Wells, department head and former City Councilmember, who gave them extra seed packets for Village gardeners. For further information, or to inquire about getting seeds, contact <a href="mailto:jcarhart@jcarhartarch.com">jcarhart@jcarhartarch.com</a>.

Village Represented at Nadeau Party, Noted at Senior Services Roundtable

Brenda Krieger and Rebecca Shannon represented the Village at Ward 1 Councilmember Brianne Nadeau's December 16 holiday party to give seniors a better understanding of the wide array of services available in DC. Declaring that Mount Pleasant Village is "going strong," Nadeau cited Village wellness programs at a December 17 Public Roundtable on Senior Services held by the DC Committee on Housing and Community Development. "We are very proud of you," she said.

# **Partnerships and Opportunities**

# Fit360DC Offers Fitness Deals for Village Members



Fit360DC gym and fitness center, which recently moved into expanded premises at 3058 Mt. Pleasant St. from the basement of the

Argyle apartment building, has entered into an agreement to provide Village members the benefit of discounted membership fees and special fitness classes at 2:00 pm on Saturdays. For information, contact Brian McGee, owner, at <a href="mailto:fit360dc@gmail.com">fit360dc@gmail.com</a> or 202-588-0988, or James Whitman, trainer, at <a href="mailto:jamesnmwhitman@gmail.com">jamesnmwhitman@gmail.com</a>. To attend a free introductory class, contact James.

### JOIN MOUNT PLEASANT VILLAGE

**Individual Introductory Membership Fee**: \$50 annually. For information, contact Brenda Krieger at <a href="mailto:mpvillagemembership@gmail.com">mpvillagemembership@gmail.com</a>.

**Donor:** Make a tax-deductible donation to Mount Pleasant Village at 1735 Lamont St. NW, Washington DC 20010.

**Contact us.** If you have questions or comments or news to share, contact dmeskell@gmail.com.